



You can change a life Volunteers urgently needed

'They're a life saver - they assuage my loneliness to a very acute degree. There is something I could reach out for. They replace my need for medication, for the NHS.'

Kathleen, aged 87

The Neighbourhood Care Scheme (NCS) is an award-winning befriending service provided by Impetus, the Brighton and Hove charity that addresses the problems of isolation and loneliness. We match volunteers with people who are isolated as a result of age, physical or sensory disabilities and caring responsibilities.

Loneliness and isolation make us more prone to depression and can be as damaging to our health as smoking 15 cigarettes a day. As Kathleen says, an hour or two a week in the company of an NCS volunteer visitor can have a huge impact on someone's health and sense of wellbeing.

We have lots of people waiting and hoping for some friendly company locally. With just an hour or so each week you could make a big difference to someone's life.

Please contact us to find out more:

Tel: 01273 775888

E-mail: ncs@bh-impetus.org

Website: www.bh-impetus.org

Boys Brigade and Girls Association



We have some fun times with our younger sections working on a pirate's project. They made some treasure chests, some pirate flags, and treasure maps, and played games around the pirate theme, it was really enjoyable with many laughs along the way.

Our older age group has really struggled with numbers this session, with only 5 and this has recently dropped to 4 as one has moved out of area. We desperately need teenagers to come forward to join us. We offer an extensive award programme, good company, lots of fun and games.

We are still the only group in the area that offers an active group for children from 5 years up to 18 years, and we are always looking for new members. All staff are DBS checked, and we work to strict guidelines. We offer a safe environment for all ages from 5 yrs to 18 years old with fun activities,

If you would like further details pop along **Tuesday nights from 5pm – 9pm at St Andrews Church Hall, Hillside.**

MLAT Reps update on HMO's.

An HMO is a House of Multiple Occupation. The MLAT have reps on the Lewes Road corridor HMO Action Group as it is of concern to residents in the area and has been raised in our Residents Priorities.

The council now condition the layout and number of people in all HMO permissions. So if permission is granted for a maximum of four people in an HMO, another planning application will be needed for more than four people to live there.

All properties in the area licensed as HMOs for the first time since the beginning of 2016 are being investigated. This is resulting in more planning applications and enforcement notices.

The group meet regularly and have fed back on several HMO's in the area which have been refused planning permission which means they **must** return back to family accommodation and this will be enforced by the council. An example of this is 25 Wheatfield Way. Residents feel that something is being done at last!

Since November 2016, seven new enforcement notices across Moulsecoomb, Bevendean and Coldean have been issued ordering the properties to stop being used as an HMO.

Dirty Hands

Odd jobs undertaken

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Custom Pharmaceuticals

At a recent meeting of the Moulsecoomb LAT Custom Pharmaceuticals came along and agreed to match fund youth work in Moulsecoomb.

So the Trust for Developing Communities went out and match funded that offer and this is now happening for our youngsters.

The MLAT resident committee were very happy to be able to initiate that. That's what we at the Moulsecoomb LAT call partnership working!