

Young at Heart 50+ at The Bridge

Mondays 12.15 -2.15pm
Lunch & Activity Club - £3

Fridays 2 – 4pm
**Gentle Exercise, High Tea & Friendly
Get Together - £2**

At The Bridge Café - Transport for
Moulsecomb residents can be provided.

Mondays 10.30am – 12pm
Flamenco, Tango & Rumba
£3 per session - Suitable for all levels.

Tuesdays 10am -12pm
Craft, Knit, Stitch & Natter
New self-led group sharing skills,
ideas and company.



Call Helen on 01273 645762 for a chat, more information or
to book a place on the minibus. You can also email me at
hjones@bridgecommunity.org.uk



The Bridge Community Education Centre
Lucraft Road, Brighton BN2 4PN
Tel: 01273 687053 www.thebridgebrighton.com

money raised by
healthWish
through



East Sussex Fire & Rescue Service

FREE Fire Safety Advice

Are you eligible for free fire safety advice? If you are eligible then you could qualify for free smoke alarms which are supplied and fitted free by the Fire & Rescue Service. To find out more and see if you qualify please contact them below.

Tel: 0800 177 7069

Email:
homefire.safetyvisits@esfrs.org

When contacting them tell them your name, address, telephone number and to qualify you may need to meet one of the following.-

- ❖ Over 65?
- ❖ Over 80?
- ❖ Lone pensioner
- ❖ Smoker
- ❖ Single Parent
- ❖ Disabled/Reduced mobility
- ❖ Hearing impaired
- ❖ Sight impaired
- ❖ Living in rented or social housing
- ❖ Property Privately owned
- ❖ Living in high rise or House of Multiple Occupancy (HMO)
- ❖ Property owned by Housing Ass
- ❖ Property Privately Rented